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Welcome to our Functional Medicine practice. In Functional Medicine we focus on treating the whole patient and restoring health. In Functional Medicine, however, the approach is different. Our goal is to restore function of the body and therefore health. It is important that you understand that we use lifestyle and dietary interventions as part of the treatment to manage medical conditions. We expect that you will actively participate in your healthcare plan and do your best to make the lifestyle changes we recommend.

This is not the most common way that health issues are managed in most conventional medical practices; therefore it is not the standard of care. Unfortunately often there is not a consideration of the whole person and the inter connection of all their health issues. Often prescription medications are the first or main treatment. Frequently these medications are treating the symptoms and not the underlying problems. Functional Medicine approaches your health with the goal of treating the causes and thus improving function. In choosing Functional Medicine, you are selecting to combine the use of conventional with complimentary and alternative medicine methods to manage your health.

Functional Medicine is based on science from the medical literature. However it is considered complementary and alternative medicine. The Texas state medical board requires that you as a patient are informed of this and consent to this type of treatment.

I agree to use the Functional Medicine approach to manage my health.

Signature:

Print name:

Date: