

|  |  |   |
|--|--|---|
| First Name:                              | Last Name:   | Date of Birth:  |
| Prefer to be Called:                     | Marital Status (Circle): Single Married<br>Partnered Widowed Separated | Age:  |
| Street Address:                          | City:  | State: Zip:   |
| Preferred Phone (Circle): home work cell | Alternate Phone: home work cell  | May we leave a message on your preferred phone?<br><input type="radio"/> Yes <input type="radio"/> No |
| Employer:                                | Occupation:  | SS#   |
| Emergency Contact Name:                  | Preferred email:   | Primary Care Physician:   |
| Emergency Phone(s):                      | Preferred Pharmacy:  | List any food allergies:  |
| List any drug allergies:                 |  |   |

**What is your main reason for your visit today?**

**Which Services Interest You:**

- |  |   |  |
|--|---|--|
| <input type="radio"/> acupuncture            | <input type="radio"/> energy medicine                 | <input type="radio"/> men's health         |
| <input type="radio"/> aromatherapy           | <input type="radio"/> emotional freedom technique     | <input type="radio"/> nutritional testing  |
| <input type="radio"/> Biofeedback            | <input type="radio"/> frequency specific microcurrent | <input type="radio"/> metabolic blueprint  |
| <input type="radio"/> bio-identical hormones | <input type="radio"/> functional medicine             | <input type="radio"/> nutrition counseling |
| <input type="radio"/> Bowen technique        | <input type="radio"/> food allergies testing          | <input type="radio"/> organization         |
| <input type="radio"/> Chiropractic           | <input type="radio"/> health coaching                 | <input type="radio"/> rapid eye technology |
| <input type="radio"/> craniosacral therapy   | <input type="radio"/> Healing Touch™                  | <input type="radio"/> Reiki                |
| <input type="radio"/> counseling/therapy     | <input type="radio"/> HeartMath™                      | <input type="radio"/> walk & talk therapy  |
| <input type="radio"/> detox program          | <input type="radio"/> life coaching                   | <input type="radio"/> wellness             |
| <input type="radio"/> energy medicine        | <input type="radio"/> massage                         | <input type="radio"/> weight loss          |

**Would you like to receive our newsletter?**

Yes No (we will never sell your name)

**Cancellation & Re-Scheduling Policy**

We understand that there are times when you will need to cancel and/or reschedule your appointment due to emergencies. We will do our best to accommodate your needs in such situations.

**Please know that all cancellations and/or rescheduling requests must be made at least two business days prior to the date of your appointment.** If a previously scheduled session is not cancelled or rescheduled within 24 hours of the time of the appointment, that session will be "missed" and charged for the full session fee. Thank you for your understanding.

( ) I understand and accept this policy

\_\_\_\_\_  
Your Signature

\_\_\_\_\_  
Today's Date

**Records and Privacy Policy:** We will not release your records to anyone without your written consent. Because this is an integrated practice with multiple practitioners, we may facilitate care by having only one record per client. Coordinated care by your chosen practitioners will always be done with respect for your personal privacy and confidentiality.

( ) I understand and accept this policy

\_\_\_\_\_  
Your Signature

\_\_\_\_\_  
Today's Date

LIVING WELL  
: health & wellness center :

14330 Midway Rd | Bldg 1, Suite 121 | Dallas, TX 75244  
Ph# 972.930.0260 | Fax# 972.559.3648

Client Information Form for Bowen/NST Treatment  
(All information confidential)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Please circle any issues which relate to you (past or present) and check those you would like to deal with:**

|                          |                     |                     |                |
|--------------------------|---------------------|---------------------|----------------|
| Breast implants          | Operations          | Nervousness         | Loss of energy |
| Chronic illnesses        | Traumatic accidents | Anxiety/Stress      | PMS            |
| Chronic viral infections | Low back pain       | Sexual difficulties | Neck pain      |
| Chronic fatigue          | Dizziness           | Fibromyalgia        | Depression     |
| Memory loss              | Concentration       | Alcohol use         | Drug use       |
| Nightmares               | Insomnia            | Headaches           | Fears          |
| Anemia                   | Arthritis           | Cancer              | Liver issues   |
| Diabetes                 | Ulcers              | Digestion           | Circulation    |
| Heart problems           | Kidney problems     | Lungs               | Asthma         |
| Prostate problems        | Fainting            | Bleeding            | Hay fever      |
| Hypoglycemia             | Thyroid issues      | Female problems     | Yeast          |
| Skin problems            | Throat issues       | Epilepsy            | Hemorrhoids    |
| Gallbladder              | Breast              | Colon               | Constipation   |
| Tumors/Cysts             | Bladder             | Parasites           | Spleen         |
| Pancreas                 | Swelling            | Weight              | Migraines      |
| Allergies                | Chronic diarrhea    | Stroke              | TMJ problems   |
| Other _____              |                     |                     |                |

Do you regard your health problems to be (circle):            severe            moderate            mild

What other forms of therapy have you used to resolve your health problems? \_\_\_\_\_

How successful were they?    \_\_\_\_\_ Very    \_\_\_\_\_ Partially    \_\_\_\_\_ Not successful

Are you under the care of a medical doctor, chiropractor or other practitioner's care? \_\_\_\_\_

If yes, for what conditions? \_\_\_\_\_

Are you on any medications?    \_\_\_\_\_ If so, please list \_\_\_\_\_

Please briefly describe the health problem(s) you would like to resolve: \_\_\_\_\_

Circle your daily water intake (*not including fruit juice, soft drinks, tea, coffee or alcohol*).

One gallon            Half gallon            Quart            Half quart            Less

How often do you exercise?    Daily            Weekly            Occasionally            Never  
If regularly, what kind of exercise? \_\_\_\_\_

Please list supplements you are taking: \_\_\_\_\_  
\_\_\_\_\_

The use of nutritional supplements can often dramatically increase your body's ability to heal and decrease your healing time synergistically. Do you want to discuss that? \_\_\_ Yes \_\_\_ No

You have bowel movements (circle):            3 or more daily            twice a day  
Once a day            every other day            several per week            occasionally

Do you smoke? \_\_\_\_\_ If so, how much? \_\_\_\_\_

Do you wear orthotic appliances in your shoes? \_\_\_\_\_

Do you experience ringing in the ears, clicking/popping of the jaw or facial pain? \_\_\_\_\_

**If female:** Are you pregnant? \_\_\_\_\_ If yes, how advanced? \_\_\_\_\_

Menstrual cycle (circle): regular    irregular    painful    heavy    menopausal    other  
Do you have children? \_\_\_\_\_ How many? \_\_\_\_\_ Do you have breast implants? \_\_\_\_\_

In case of emergency, please notify \_\_\_\_\_

Phone numbers: \_\_\_\_\_ or \_\_\_\_\_

I have completed this form to the best of my knowledge. I understand that the Bowen/NST therapeutic method is intended to be a health aid and in no way takes the place of a doctor's care when it is indicated. I understand that the practitioner does not diagnose illness, disease or any other physical or mental disorder. Likewise, the practitioner does not prescribe medical treatment or pharmaceuticals and does not perform spinal adjustments.

Signature \_\_\_\_\_ Today's date \_\_\_\_\_